



AHOY THERE:

We look forward to your sailor attending Sailing Camp at the US Sailing Center – Martin County. We have a few helpful tips to share to ensure a successful time at camp.

SAILOR DROP-OFF/PICK-UP:

Please be prompt with your sailor's arrival and departure time. Please escort your sailor to the front of the Sailing Center, where you will be greeted by Camp staff.

Please note the start time: Sailor drop-off begins at 8:15 AM. Sailor pick-up begins at 3:20 PM.

Please pick up your sailor at the front of the Sailing Center. You will be greeted by your sailor's instructor, who will provide you with an overview of your sailor's experience for the day. Please notify the office should your arrival time be delayed by more than 10 minutes.

PERSONAL BELONGINGS:

Please send your sailor to camp with a bag or backpack for storing personal items and gear. Please be sure to mark all belongings with the name of your sailor.

REQUIRED ITEMS FOR CAMP:

- Refillable drink bottle
- Close-toed shoes, water shoes, or sneakers (for safety reasons, no flip-flops, please)
- Lunch/snacks
- Bag/backpack
- Bottle(s) of sunscreen
- Large beach towel
- Swimsuit (please arrive at camp with a swimsuit on underneath clothes)

RECOMMENDED ITEMS FOR CAMP:

- Hat and sunglasses (a sports strap to secure items is a good idea)
- Sunglasses (with strap)
- Sun shirt
- Lifejacket (PFD)

LOST & FOUND:

We have a lost and found bin at the Sailing Center on the 2nd-floor Sailing Deck. The USSCMC is NOT RESPONSIBLE for lost, stolen, or damaged items, so please ensure your sailor goes home with all the things they brought to camp. Also, please label your sailor's belonging. Unclaimed items will be held for one week and then donated to charity.

LUNCH/SNACKS:

Please send your sailor with lunch and a snack to sustain them throughout the day. For perishable foods, please consider sending food items in a cooler. Please be sure to put your sailor's name on the cooler as so many coolers look alike.

HYDRATION:

Keeping kids safe is our number one priority, and maintaining hydration for our campers is essential. Please provide your child with a refillable drink bottle. We will offer water and coolers of Gatorade, dispensed by staff with unlimited refills.

SUNSCREEN:

Please apply sunscreen to your sailor before arriving at camp. Please pack enough sunblock (preferably 30 SPF or above) and lip balm in your sailor's backpack to reapply at least three times throughout the day.

PFD/LIFEJACKETS & HELMETS:

Sailors must wear Coast Guard-approved life jackets while on the water. Therefore, it is recommended sailors bring their lifejacket/personal flotation device with them to camp. However, if needed, the Sailing Center will supply a lifejacket/personal flotation device (PFD). Safety helmets are also recommended. Sailors may bring their own or borrow one from the Sailing Center.

Let the summer of fun and adventure begin! If you need to reach me, please feel free to email me at hunter@usscmc.org or call the office at 772-334-8085

I am looking forward to another successful summer and smooth sailing!



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