



## 2010 Summer Sailing Camp CLASS INFORMATION

One-Week Classes

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- **OPTI BASIC** (Maximum 125 lbs)

For new or beginning sailors, ages 7 to 12 who may have little or no experience on the water. We've got lots of games and activities planned to get you out on the water. By the end of class, you'll be able to rig an Opti, get it off the beach and go sailing! Sailors will be skippering our user-friendly polyethylene OPPIs.

- **OPTI INTERMEDIATE** (Maximum 125 lbs)

Students learn at different rates and in different ways. Some grasp the practical side quickly (while the theory eludes them) - for others it's just the opposite. This class caters to Opti students who have completed at least one session as a beginner and are ready to move to this intermediate class where they will continue to solidify their skills. Emphasis on developing confidence to sail alone, class also includes an introduction to racing.

- **OPTI Advanced / Intro to Racing** (Maximum 125 lbs)

For Opti sailors ages 8 to 13 who've displayed basic sailing competence and are ready for expanded challenges. The focus of this class will be to work on improved boat-handling and racing skills. These classes are for anyone who has completed the Opti Intermediate class in previous summers or earlier this summer. Every Thursday and Friday afternoon we will have races.

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- **DINGHY BASIC**

For new sailors ages 12 to 17 who want to learn to drive something their parents can't! Spend your week on the water learning to rig, skipper (drive) and sail a dinghy - Laser, Sunfish, Flying Scot or 420.

- **DINGHY INTERMEDIATE**

For sailors ages 12 to 17 who have displayed basic sailing competence and are ready for additional challenges. This is a great choice for the graduating Opti sailor who wants to move up to the faster, more enticing dinghies. Learn the cooperation and seamanship it takes to master tacking, jibing, sail trim and steering, all while working as a team. This class includes an introduction to racing. Boats available for use are Lasers and 420s.

- **Laser & 420 Advanced / Intro to Racing**

This class is for middle and high school sailors who are interested in racing and learning advanced boat handling techniques. Students will sail in both Lasers and 420s.

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- **Additional Services Available:**

**Early Drop Off** (7:15-8:40am) \$50/week

**Late Pick Up** (4:20-5:45pm) \$50/week

**Lunch** (Monday thru Friday) \$30/week

**Additional Camp T-Shirt(s)** \$10 each